

## Berkshire West Area Prescribing Committee Policy Statement

<b>Drug Name</b>	Spatone®
<b>Indication under review</b>	Iron deficiency
<b>Policy No:</b>	APC 119
<b>Date of Issue:</b>	November 2015
<b>Review Date:</b>	November 2018
<b>Policy Statement:</b> Spatone® is not recommended for the treatment of iron deficiency.	
<b>Traffic Light Status</b>	<b>Brown</b>
<b>Key Points considered:</b>	
<ul style="list-style-type: none"> <li>• There is limited evidence of efficacy for Spatone®, one study shows that even on Spatone® serum ferritin levels still fall.</li> <li>• Spatone® can be purchased from most community pharmacies and also Waitrose, Amazon, Tesco etc.</li> <li>• This policy has been produced as a guide for GPs. Evidence and information was carefully considered and consulted upon by clinicians who concluded that this treatment is not a cost effective use of scarce NHS resources. There are situations where this policy may not apply to an individual patient due to their clinical exceptionality. This policy statement does not overrule an individual GPs clinical decision making and therefore each GP would be need to make the final decision on whether treatment is a cost-effective use of their CCG budget</li> </ul>	
References	
<ol style="list-style-type: none"> <li>1. G. HALKSWORTH et al. Iron absorption from Spatone (a natural mineral water) for prevention of iron deficiency in pregnancy Clin. Lab. Haem. 2003, 25, 227–231.</li> <li>2. D Mckenna et al. A randomized trial investigating an iron-rich natural mineral water as a prophylaxis against iron deficiency in pregnancy. Clin. Lab. Haem. 2003, 25, 99–103</li> </ol>	
<b>Date taken to APC:</b>	2 <sup>nd</sup> September 2015
<b>Date Ratified by MMC on Behalf of the Board:</b>	17 <sup>th</sup> November 2015

Berkshire West Area Prescribing Policies serve as a guide to clinicians. This does not overrule the clinical or budgetary responsibility of clinicians when considering treatment for individual patients.

<b>Brown</b>	<b>Green</b>	<b>Amber</b>	<b>Red</b>
These drugs have been reviewed and are not considered a cost effective use of scarce NHS resources	Medicines suitable for routine use. Primary care prescribers take full responsibility for prescribing	Medicines that should be initiated by a specialist and can be continued in primary care under a shared care agreement.	Medicines which should be prescribed by specialists only