

## Berkshire West Area Prescribing Committee Policy Statement

<b>Drug Name</b>	NuvaRing®
<b>Indication under review</b>	Contraception
<b>Policy No:</b>	APC 097
<b>Date of Issue:</b>	March 2015
<b>Review Date:</b>	March 2018
<b>Policy Statement:</b> NuvaRing® is indicated for use as contraception as continuation of treatment (started in outside the UK) or where other treatments are contraindicated	
<b>Traffic Light Status</b>	<b>Green (when used for patients who have moved to the area on treatment from another centre)</b>
<b>Key Points considered:</b> <ul style="list-style-type: none"> <li>• Treatment with NuvaRing is more common in other parts of Europe including Southern Ireland and women moving to Berkshire may wish to continue with this method of contraception.</li> <li>• Studies have shown that NuvaRing is as effective at preventing pregnancy as 2 other contraceptives (both taken orally).</li> <li>• This form of contraceptive is more expensive than most however applies to a minority of women therefore will not have a significant impact on budgets.</li> <li>• The APC determined the available evidence of efficacy is not robust and the use of this product within primary care could not be justified.</li> <li>• The use of this product was not endorsed by the midwifery team at Royal Berkshire Foundation Trust Hospital.</li> </ul>	
<b>References:</b> <ul style="list-style-type: none"> <li>• Faculty of Sexual &amp; Reproductive Healthcare. New Product review. Combined Vaginal Ring (NuvaRing®).</li> </ul>	
<b>Date taken to APC:</b>	4 <sup>th</sup> March 2015
<b>Date Ratified by MMC on Behalf of the Board:</b>	18 <sup>th</sup> March 2015

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Berkshire West Area Prescribing Policies serve as a guide to clinicians. This does not overrule the clinical or budgetary responsibility of clinicians when considering treatment for individual patients.

<b>Brown</b>	<b>Green</b>	<b>Amber</b>	<b>Red</b>
These drugs have been reviewed and are not considered a cost effective use of scarce NHS resources	Medicines suitable for routine use. Primary care prescribers take full responsibility for prescribing	Medicines that should be initiated by a specialist and can be continued in primary care under a shared care agreement.	Medicines which should be prescribed by specialists only