



Berkshire West Area Prescribing Committee (BWAPC)

MINUTES of BW APC Meeting held on 2nd September 2015 from 10:00 – 12:00 in Room G29/G30, 57/59 Bath Road, Reading, RG30 2BA

Attendance:	
	Lay Member – Chair
	█, Thames Valley Local Pharma Committee
	Lay Member, Wokingham CCG
	GP, North & West Reading CCG
	GP, Newbury & District CCG
	GP, Wokingham CCG
	Pharmacist, CIRCLE
	MI Lead Pharmacist, █
	Chief Pharmacist, █
	Associate Director of Medicines Optimisation, █
	Chief Pharmacist █
Minutes:	PA to Asst Dir. of Meds Opt & Admin Support
Apologies:	
	Commissioning Pharmacist, █
	Pharmaceutical Adviser, █
	RBFT
	Lead MI Pharmacist █
	Anaesthetist, RBFT
	Medical Director, █
	GP, South Reading CCG
	Lay Member
	Lay Member
1.	Welcome & apologies: █ welcomed everyone to the meeting & apologies were noted as above
2.	Pecuniary Interests: None declared
3.	Minutes of the APC meeting held on 1st July` 15: The minutes were agreed as an accurate record. Action Log updated.
4.	<p>Matters Arising from Meeting not included in Main Items:</p> <p>a) Update on joint formulary & gain share pharmacist post: █ reported that this post was open to internal RBFT applicants only & the interview would take place on 9th Sept`15.</p> <p>b) Chronic Non-Malignant Pain Guidelines: █ enquired about the expiry date for the Non-Malignant Pain Guidelines. All agreed to keep it for 2 years & include a cover sheet giving</p>

	<p>detailed information.</p> <p>c) Horizon scanning: APC topics for Nov'15: ■ presented these for info only.</p> <ul style="list-style-type: none"> • Dry eye guidelines • Biosimilar etanercept • Armour thyroid/liothyronine • Diabetes treatment pathway to include all recently launched drugs • VTE pathway <p>d) Apremilast - Discussion with Consultant Rheumatologists: ■ informed that this was presented at the May'15 APC Meeting where it was noted that a drug company was giving away free stock of their drugs for the first three months until NICE guidance was issued. If the drug agreed with the patient, then it would be charged for or else given freely. Concerns were raised that recently a RBFT Consultant had given a patient free stock of such medicines. The APC questioned ■ if this initiative had been approved by the RBFT governance committee. ■ assured that it would have gone through a formal process & logged onto JAC. It was jointly agreed that no free stock would be taken from pharma companies.</p> <p>e) Glaucoma guidelines update: This was for new initiations only. It was reviewed by Dr ■ & ■ who didn't suggest switching it for current patients. RBFT Consultants were overall content with these guidelines & would be implementing it. ■ suggested getting it ratified at the RBFT DTC & presenting it for a full consultation with ■.</p>
<p>5.</p> <p>5.1</p> <p>5.2</p> <p>5.3</p> <p>5.4</p>	<p>PAPERS for consultation:</p> <p>APC 15/15 Travel vaccines: In the absence of ■, ■ presented the policy. It was noted that Hepatitis A & Joint Hepatitis AB were allowed on NHS prescription unlike Hepatitis B. However only University students were allowed Hepatitis B on NHS. There was a lengthy discussion on the pros & cons of providing these vaccines.</p> <p>Action 1: ■ to confirm the local policy for providing Hepatitis B for carers.</p> <p>Action 2: ■ to create a separate policy for Travel vaccines</p> <p>APC 15/16 Emerade: ■ presented the papers highlighting that it was a new adrenaline pen device with a shelf-life of 36 months which was more than the currently available pens. The newly published guidelines also favored Emerade. It was highlighted that the new NICE guidelines would help give more clarity.</p> <p>Recommendation: Option 3 – Accept Emerade onto the formulary & make this the adrenaline brand of choice due to the advantages listed as long as the other choices are still available.</p> <p>COPD Guidelines: It was reported that the Berkshire West Respiratory Network preferred the Oxfordshire guidelines & didn't agree to the original ones produced. After consultations in Nov'15 & approval by the Respiratory Network, it will be brought to the Nov'15 APC meeting.</p> <p>Action 3: COPD Guidelines to be brought to the Nov'15 APC Meeting.</p> <p>Spatone: ■ presented the paper & highlighted that GP MOC had not endorsed the product as there was no evidence nor trials done. ■ suggested highlighting to RBFT Consultants that they should not be prescribing it.</p> <p>Recommendations: Option 2 – Spatone products for patients with iron deficiency anaemia is a low priority for all patients.</p>

6.	<p><u>NICE Updates:</u> The below updates were presented for information only.</p> <p><u>Technology Appraisals</u></p> <ul style="list-style-type: none"> • Naloxegol for treating opioid-induced constipation • Aflibercept for treating diabetic macular oedema • Nintedanib for previously treated locally advanced, metastatic, or locally recurrent non-small-cell lung cancer • Cangrelor for reducing atherothrombotic events in people undergoing percutaneous coronary intervention or awaiting surgery requiring interruption of anti-platelet therapy (terminated appraisal) <p><u>TAs published in August 2015</u></p> <ul style="list-style-type: none"> • Vedolizumab for Crohn’s disease • Edoxaban for treating and for preventing deep vein thrombosis and pulmonary embolism. • Bevacizumab for treating relapsed, platinum-resistant epithelial ovarian, fallopian tube or primary peritoneal cancer (terminated appraisal)
7.	<p><u>Shared Care:</u> ■ presented the following revised shared care guidelines & highlighted that they all had individual specialist consultant inputs. The APC members were satisfied with the policy content.</p> <ul style="list-style-type: none"> • Lithium • Melatonin • Memory drugs (updated) <p>Action 4: ■ to present all the shared cared guidelines in a one page tabular format for easy reading.</p> <ul style="list-style-type: none"> • <u>Prescribing Arrangements for Patients Prescribed Long Acting Injectable (LAI)</u> <u>Antipsychotics:</u> ■ presented the paper & confirmed that it would be taken to LM for further view as there were some concerns raised under paragraph 2.4. • <u>Cinacalcet:</u> It was reported that as there was not enough evidence that this policy was ratified by the RBFT DTC. ■ to send it back to the RBFT consultants for reviewing along with a standardised template for them to fill in more details. • <u>Lanthanum:</u> It was reported that as there was not enough evidence that this policy was ratified by the RBFT DTC. ■ to send it back to the RBFT consultants for reviewing along with a standardised template for them to fill in more details. <p>Action 5: ■ to send both RBFT policies back with a standardised template for them to fill in more details.</p>
8.	<p><u>Priorities Committee Update:</u> ■ presented this paper for information only.</p> <p>Action 6: ■ to send the ToR’s of the Priorities Committee to ■ as BHFT would like to send a representative.</p>
9.	<p><u>AOB:</u> None stated</p>

ACTION LOG

No.	Action	Lead	Outcome
Previous Actions from 1st July'15			
1.	█ to gain further confirmation & feedback from RBFT Cardiology Consultants on the above suggestion before the Omega 3 Fatty acids policy is ratified at the APC	█	Completed
2.	█ to convey feedback on the tacrolimus Protocol for monitoring tacrolimus to the RBFT Consultant /Author & provide an updated document	█	Completed
Actions from 2nd September'15 Meeting			
1.	Action 1: █ to confirm the local policy for providing Hepatitis B for carers.	█	Ongoing
2.	Action 2: █ to create a separate policy for Travel vaccines	█	Ongoing
3.	Action 3: COPD Guidelines to be brought to the Nov'15 APC Meeting.	█	Completed
4.	Action 4: █ to present all the shared cared guidelines in a one page tabular format for easy reading	█	Ongoing
5.	Action 5: █ to send both RBFT policies back with a standardised template for them to fill in more details.	█	Completed
6.	Action 6: █ to send the ToR's of the Priorities Committee to █ as BHFT would like to send a representative.	█	Ongoing

Dates of Future APC Meetings: All Meetings are on Wednesday from 10.00am – 12.00pm

Date of Meeting	Venue
4 th November 2015	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA
6 th January 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA

2 nd March 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA
4 th May 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA
6 th July 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA
7 th September 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA
2 nd November 2016	Rooms G29/30, 57/59 Bath Road, Reading, RG30 2BA